

One

SPA BY FINEST RESORTS

SPA MENU



SPA EXTENSION: 4411

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ONE SPA HONORS THE UNIVERSALITY THAT BINDS ALL DIVERSITY. ROOTED IN OUR MESSAGE OF "ONE LOVE, ONE WORLD, ONE ENERGY," WE HAVE LOVINGLY SCULPTED OUR SIGNATURE RITUALS, FACIALS, AND BODY TREATMENTS WITH DEEP REVERENCE FOR LIFE AND HOLISTIC WELL-BEING.

ONE Spa invites you to embark on a transformative journey where nurturing botanical remedies and ancestral therapies converge with modern wellness science. Immerse yourself in the healing embrace of vegan actives, pure essential oils, and state-of-the-art technology. Guided by expert hands who channel your body's innate energy, we restore harmony to mind, body, and spirit.





ONE SPA RITUALS

FINEST SIGNATURE MASSAGE 100 min **\$350 USD**

This signature massage artfully blends the soothing strokes of Swedish techniques, the precise pressure of Shiatsu, the liberating stretches and the rhythmic flow of Lomi Lomi, and the sedative effects of hot stones for your back. Experience a symphony of sensations as tension melts away, flexibility is enhanced, and your body and mind are brought into perfect harmony.

INTENSIVE RELAXATION RITUAL 100 min **\$350 USD**

A profound therapeutic ritual. A tailored specialized massage to address your unique state of body and mind, combining the the power of anti-inflammatory oils, best techniques and a deep cranial and neck massage to totally release accumulated tension and fatigue, bring rest to your mind and recover your body.

ONE LOVE COUPLES RITUAL 100 min **\$700 USD per couple**

Celebrate your love with an exquisite romantic journey. Step into your private spa suite, adorned with delicate flowers and soft candlelight, creating an intimate ambiance. Immerse yourselves in a warm, essential oil-infused bath, while a deeply relaxing scalp massage melts away tension. Conclude this blissful experience with a full-body peaceful massage, infused with the harmonious blend of Mandarin, Cardamom, Lavender, Vetiver, and Chamomile, leaving you in a state of profound tranquility. Enjoy a glass of sparkling wine to celebrate love.

TWO SOULS RITUAL 100 min **\$700 USD per couple**

Embark on a journey of inner peace and profound connection with this soothing ritual. Enveloped in the calming aromas of Mandarin, Lavender, and Chamomile, experience a serene massage for all the back part of your body, that gently guides you to your inner self. This tranquil experience is followed by a nourishing organic and hydrating facial, and a jojoba and cedar scalp massage, cultivating a sense of calm, balance, and deep connection for two loving souls. Enjoy a glass of sparkling wine to celebrate love.

ONE MASSAGES

PEACEFUL MASSAGE 50 min \$190 USD

PEACEFUL MASSAGE 75 min \$260 USD

Find sanctuary in a haven of calm and tranquility. This therapeutic massage blends the soothing aromas of Mandarin, Lavender, and expertly chosen essential oils with the comforting warmth of herbal pillows. A targeted cranial massage and specialized techniques release tension from key areas—head, jaw, ears, chest, neck, and back—promoting a profound sense of balance and inner peace.

The 50 minutes version is dedicated to all the back part of the body and the 75 minutes version is a full body massage.

DEEP & HOT STONES MASSAGE 75 min \$280 USD

This deeply therapeutic massage combines expert deep tissue techniques with the restorative power of bergamot, orange and lemon known for its relaxing properties, to release stiff muscles and ease tension. The sedative and therapeutic warmth of hot stones further enhances relaxation, providing a comprehensive therapy for both body and mind. Emerge feeling revitalized and deeply restored.

STRESSCURE MASSAGE 75 min \$260 USD

Experience profound relief and rejuvenation, this massage harnesses the ancient healing power of an energizing oil blend, with potent pain-reducing and anti-inflammatory properties, ideal for soothing stiff muscles and calming anxiety. We begin with the deeply therapeutic application of warm herbal pouches, combined with expert deep kneading techniques to alleviate soreness and eliminate contractures. A soothing seven-herb balm is applied to the back, followed by a tranquil scalp massage to calm the mind. Emerge from this transformative therapy feeling renewed and revitalized.

SEA BREEZE COUPLES MASSAGE 75 min \$550 USD per couple

Immerse yourselves in an oceanfront serenade, where the gentle rhythm of the waves becomes the soundtrack to your shared relaxation. This unique couples massage, enhanced by the soft caress of the sea breeze, is a symphony of romance. Experience a profound sense of tranquility and connection as the ocean's natural beauty envelops you.

PRECIOUS MOM TO BE 75 min \$260 USD

The absolute meaning of One love, One energy. Cherish this special time with a treatment designed for the special needs of you and your baby. Close your eyes and breathe in soft, beautiful aromas as you are enveloped in expert loving touch. Nourishing oils of black thorn, moor lavender and damask rose ensure the most pure and natural care for you and your little one.

ALOE HEALING TREATMENT 50 min \$190 USD

With the One love of Aloe healing plant and the richness of green seaweed, the skin becomes repaired and healed from burns, in a fresh and subtle wrap for body and face, to rehydrate, mineralize and calm the skin in a cherishing cocoon, making you feel comforted and alleviated.



ONE FACIALS

HYDRA-LURONIC ESSENCE FACIAL 75 min \$300 USD

Begin a journey of holistic renewal with a grounding herbal footbath, centering your energy. This luxurious facial infuses your skin and spirit with nourishing essential oil synergies, including Chamomile, Lavender, Cypress, Sage, and Rosemary. Breathe deeply as these healing botanicals restore hydration and balance with vegan hyaluronic acid, allowing your skin to naturally retain moisture. Experience a conscious facial lifting massage, while aromatherapy harmonizes your emotions, leaving you feeling utterly refreshed and renewed.

HYDRA-LIFT ULTIMATE FACIAL 75 min \$300 USD

Dive into deep hydration, combining the power of Hydramass system of intense hydration that thoroughly cleanses like never before, botanical and vegan extracts, followed by a luxurious infusion of Vagheggi Rehydra's vegan hyaluronic acid products. Designed to visibly reduce fine lines, enhance skin elasticity and, promote collagen production, this treatment delivers a pristine, renewed complexion with a luminous finish.

HYDRAMASS DEEP CLEANSE FACIAL 25 min \$130 USD

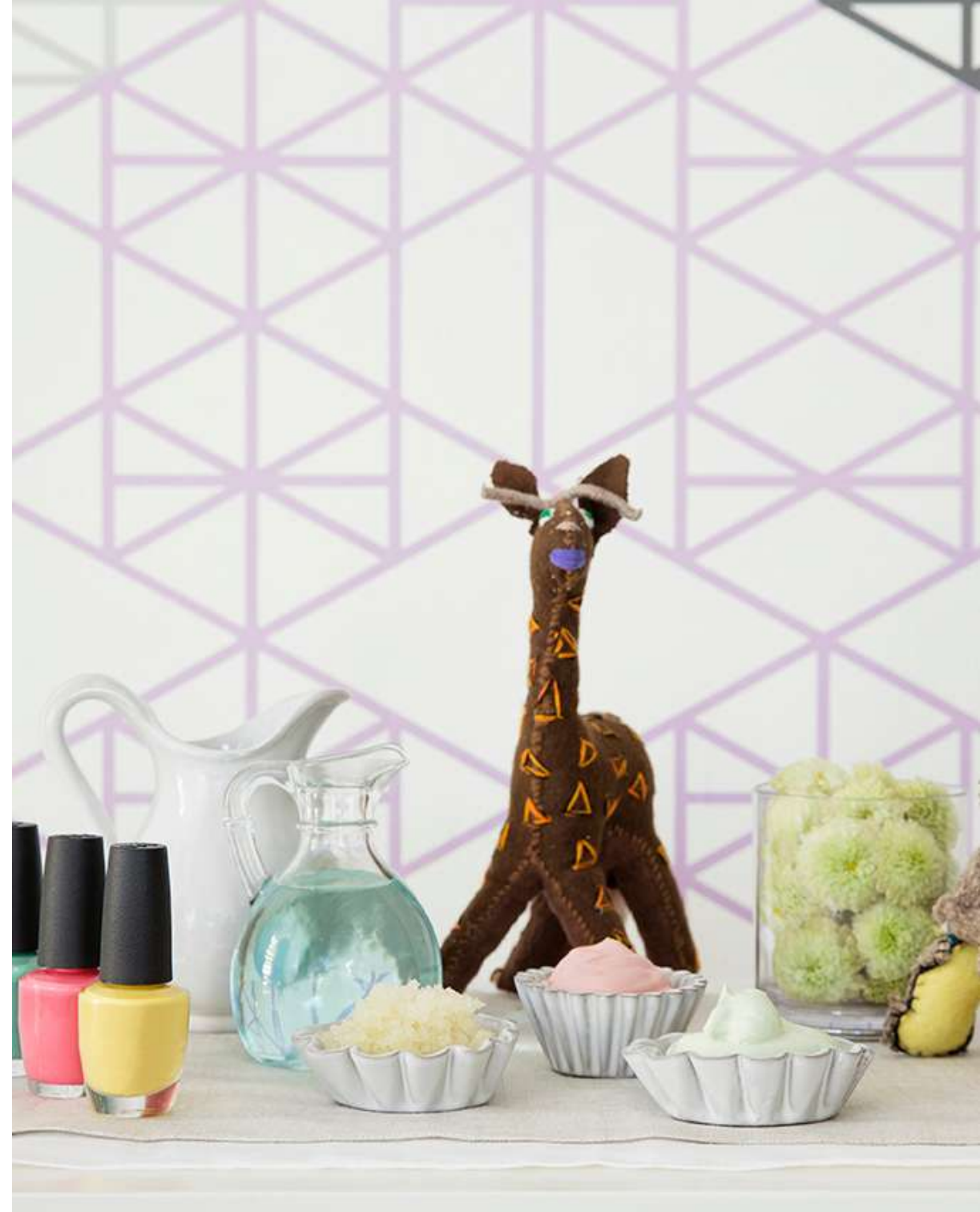
This advanced treatment harnesses the power of the Hydramass system to deliver a deep cleanse, gentle exfoliation, and intense hydration. We then infuse your skin with premium vegan, organic and hydrating solutions, precisely formulated to purify, balance, and replenish moisture. The result is a remarkably clear, deeply hydrated, and wonderfully radiant complexion that feels as good as it looks.

ONE AQUA HYDROTHERAPY SESSION

ONE AQUA HYDROTHERAPY JOURNEY 60 min **\$120 USD**

Immerse yourself in the purifying embrace of water, the lifeblood of healing and transformation. This ritual, inspired by ancient bathhouse traditions (Salute per Aqua), guides you through a curated sequence of aqua stations. Feel the revitalizing effects of varied pressures, temperatures, therapeutic muds, targeted jets, thermal showers, microcirculation beds, Turkish bath, and dry sauna. Cleanse and revitalize your body, releasing toxins, improving skin radiance, stimulating circulation, and infusing it with the restorative properties of herbal teas and macerations. ONE AQUA is a signature experience, designed to prepare your body and soul for deeper spa therapies.

We suggest that you include it as a first step to all your treatments.



ONE KIDS For family and kids

Create meaningful experiences and fantasy for the little ones at ONE SPA, in our Beauty Salon exclusively for KIDS and our Treatment room for their soothing and caring massages and facials. We invite you to tour the spa with us.

MOMMY AND ME TIME 50 min

Spend time together with your daughter and she'll remember this moment for a long time. One Manicure for Mommy and I love fruits Pedi and Mani for the little princess.

\$200 USD for Mommy and child under 12 years

FINEST FAIRIES 75 min

A time for connection and indulgence, start in our holding hands ritual and enjoy a subtle and relaxing rose oil massage, followed by a flower essentials mini facial for Mommy and daughter or beautiful sisters.

\$400 USD for adult and child under 12 years

SHARING WITH FAMILY MASSAGE 50 min (DUO TO QUARTET)

A calming and soothing lavender balm, sharing this special time in a love connection in slow and caring massage.

\$180 USD per member

FOR THE LITTLE ONE

JUNGLE MINI FACIAL 25 min

\$65 USD

Let them play and learn how to take care of their skin, with a gentle flower scrub a coconut mask and cucumbers in her eyes, have fun and nourish their skin in aloe balms with refreshing touches. Can be done as little groups of 2 to 4 kids.

CARIBBEAN PRINCESS 75 min

\$150 USD

A time for her to be our ONE Princess, with a fruit mask pedicure, a colorful manicure, and two braids.

I LOVE FRUITS PEDICURE 25 min

\$65 USD

Mmm! Smell, play and choose with our fruits scrubs and masks, blue berry, strawberry and coconut, for a sweet and hydrating caress for those little feet. For a final touch colorful polish for playful fingers.

I LOVE FRUITS MANICURE 25 min

\$65 USD

Their pure and loving hands deserve a sweet treat, smell, and choose with our fruits scrubs and masks, blueberry, strawberry and coconut to cherish those creative and happy hands, ending with colorful or glittering polish.

PRINCESS HAIRSTYLE 25 min

\$60 USD

With color ribbons and gems for your little princess.

FULL CROWN BRAIDS (8 BRAIDS)

\$90 USD

MAKE ME SLEEP MASSAGE (2 TO 5 YEARS) 25 min

\$95 USD

SOOTHING KIDS MASSAGE 50 min

\$170 USD

A soft movement massage to calm and comfort them with lavender balms and soft tones create a shsh... lullaby for them. Mom can learn with the therapist how to apply massage to the little one.

GIRLS HAIRCUT (4 TO 10 YEARS)

\$60 USD

BOYS HAIRCUT (4 TO 10 YEARS)

\$50 USD

ONE BEAUTY

ONE MANICURE 50 min \$75 USD

A total beauty treatment for your creative and expressive hands, starting with aromatic hand bath, an enzyme scrub to renew your skin, and oriental shimmering oil for total nutrition, hydration and hand relaxation.

BOTANICAL PEDICURE 50 min \$75 USD

Antiinflammatory salt foot bath, balsamic herbal scrub and mud to detox and refresh your feet, combined with a relaxing feet massage to make you feel rested and light.

DEEP TISSUE & REFLEXO PEDICURE 75 min \$115 USD

Combining hot and cold stones to improve circulation, initiating with a mint and mineral scrub, followed by a stone massage and a blue seaweed, ginger, juniper mask to alleviate fatigue, firm skin and drain swollen feet.

GEL APPLICATION OR REMOVAL \$30 USD

MEN'S HAIRCUT \$60 USD

LADIE'S HAIR CUTS \$110 USD

SHAMPOO AND BLOW DRY \$95 USD

HAIR STYLE LONG \$180 USD

HAIR STYLE MEDIUM \$150 USD

MAKE UP \$130 USD

AIRBRUSH MAKEUP \$160 USD

FULL STRIP LASHES \$30 USD

WAXING

LIP OR EYEBROW WAXING \$28 USD

LEGS WAXING \$65 USD

HALF LEG WAXING \$45 USD

ARMS WAXING \$45 USD

BIKINI WAXING \$55 USD



ONE SPA FAQ

How do I decide which treatment is right for me?

One of our spa professionals will help you plan the perfect spa experience and the optimum sequence of your treatments, based on your objectives.

What if I have special health conditions?

Please notify a spa professional before scheduling your appointment and they will suggest a plan that's right for you.

May I request a male or female therapist?

Yes. Although we cannot guarantee the availability of a particular therapist, we will make every effort to accommodate your wishes. All of our therapists are trained to respect and protect your privacy at all times.

What do I wear during my treatment?

Wear whatever is most comfortable for you. Our staff may provide you with disposable undergarments for the body treatments.

What about my jewelry and valuables?

Please leave all valuables in your room's safety deposit box or the secured lockers in the changing rooms. ONE Spa is not responsible for lost or forgotten valuables.

What if I'm late for my appointment?

Arriving late may limit the time for your treatment. Depending on the length of your service, a late arrival may be classified as a 'no-show.'

How early should I check in for my scheduled appointment?

We recommend check-in at least 10 minutes prior to your spa appointment. This will allow you enough time to register, get

your locker assignment, change into your robe and relax for a few minutes before your spa treatment begins. If you have booked the ONE Aqua Hydrotherapy Journey, please arrive 60 minutes prior to your first treatment if you want to enjoy our luxurious hydrotherapy facilities with whirlpools, cold plunge, sauna, steam room and more.

What precautions do I need to know?

We recommend eating and drinking in moderation and avoiding alcoholic beverages prior to your spa service, exercise classes, whirlpools and heat treatments. Do not shave your legs prior to a body scrub treatment. Severe sunburn may prevent you from enjoying a spa treatment. Be conscious and use sun protection.

Are gratuities included?

Gratuities are not included with ONE Spa treatments. They may be charged to your credit card or cash.

How is payment for spa services handled?

ONE Spa treatments may be payed with credit card.

What is your cancellation policy?

Cancellations must be made at least 24 hours prior to your scheduled appointment or 50% price list value of the spa service will be applied.

What if I forget to show up for my appointment?

No-shows will be charged 50%.

NOTE: Promotions or discounts in ONE Spa cannot be applied to any other promotion given by the Travel Agency or Hotel Reservations.

One

SPA BY FINEST RESORTS

OPENING HOURS 9 A.M. TO 7 P.M.
RESERVE AT EXT. 4411 | ONESPA@FINESTRESORTS.COM